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A Study of Chinese Folk Songs
for the Subject of Musical Appreciation
in Grade 4 at Huidong Senior High School,
Guangdong, the People's Republic of China

Gan LiJuan¹
Pranote Meeson²

1 นักศึกษาปริญญาโท คณะดุริยางคศาสตร์ มหาวิทยาลัยกรุงเทพธนบุรี

2 ผู้ช่วยศาสตราจารย์ ดร. คณะดุริยางคศาสตร์ มหาวิทยาลัยกรุงเทพธนบุรี

Abstract

The objectives of research were: 1) to Study Chinese Folk Songs for Music Appreciation Subject in secondary four at Huidong senior High School, Guangdong, the People's Republic of China; 2) to create Chinese folk songs book; and 3) to verification Chinese folk songs book by 3 experts.

Research methodology used in this reseaeah is guatitah've. The subjects were music experts from Huidong County, Guangdong Province. This study used the method of collecting interview results and analyzing data, with validation of results from 3 experts.

The research findings were : 1) Analyze and study the Chinese folk songs in the high school music appreciation class, and create a book of Chinese folk songs. 2) Analysis of Chinese Folk Songs. Lesson 1 Definition of Chinese Folk Songs. Lesson 2 Historical Development of Chinese Folk Songs. Lesson 3 The Value of Chinese Folk Songs. 3) verification Chinese folk songs book by 3 experts IOC 0.67.

Keywords:

Chinese folk song, music appreciation, Guangdong province

● Background and Research problems

As a kind of aesthetics, music appreciation can enhance students' artistic appreciation and aesthetic appreciation and is conducive to the cultivation and edification of emotion. The initial stage of music learning is music appreciation. Students can improve their appreciation ability and aesthetic level through music appreciation teaching, so that students can listen to and perceive music and understand music. How to improve the level of music appreciation teaching in high school is the focus of current high school music teaching.¹ (Liu Jingrong, 2020). It is clearly pointed out in the curriculum nature and basic concept of "Music Curriculum Standards for Ordinary Senior High Schools (2017 edition, 2020 Revision)" formulated by the Ministry of Education of the People's Republic of China that we should promote folk music. Chinese folk music has a long history, extensive and profound, and rich accumulation. It is an important part of the fine traditional Chinese culture and deserves to be cherished and faithfully inherited from generation to generation. The traditional art forms of folk songs, instrumental music, song and dance music, opera, quyi and folk dance in various regions and ethnic groups in China gather the essence of Chinese culture and are the root of the culture of national music. Therefore, it should be an important content of music curriculum and should be strengthened in music teaching in senior high schools. In China, the teaching of folk music in senior high schools is mainly carried out in the form of music appreciation, to improve students' comprehensive artistic accomplishment and their awareness of folk music.

It is clearly pointed out in the preface of China’s Music Curriculum Standards and curriculum implementation construction that excellent traditional music of all ethnic groups in China should be taken as an important teaching content of music courses. Through learning ethnic music, students can understand and love the music culture of the motherland and enhance national consciousness and patriotism (Kang Li, 2021). In high school music appreciation, folk songs of appreciation is to understand the foundation of all national music art, listen to the diversified forms of genre, singing folk songs, singing content, can improve the students’ aesthetic ability, Also it can make the students under the influence of national music culture develop music culture field of vision, by laving let students have the basic ability of music appreciation, performance and creation Through this, they uill extract a positive and optimistic attitude towards life. But as the era of social change and high school students physical maturity, psychological rebellious and precocious, desire, all kinds of information technology on the impact of the traditional music, most of the students are more interested in a variety of popular music elements, make the folk music culture in the high school music classroom it is difficult to promote, music appreciation teaching is not only boring, It is not attractive to students at all, especially for the lack of interest in the Chinese folk music works in the music appreciation textbooks, which are regarded by many middle school students as “the most unable to understand”, “local” and “vulgar” music, let alone like and appreciate. In view of this situation, it is very timely and urgent to design and perfect a set of teaching content which is more suitable

for the contemporary ordinary middle school students. Therefore, how teachers lead students to explore the origin and creation background of folk songs and feel the spirit and emotion of folk songs from ancient times to today is a very important task and responsibility in the teaching of music appreciation in high school, which plays a certain guiding role in cultivating students to appreciate folk music. At the same time, it has guiding significance to stimulate students' interest in learning folk music culture, enhance national pride and establish correct and noble three views.

The content of Chinese folk songs in the high school music appreciation textbook is not detailed enough. Therefore, I want to create another book about Chinese folk songs for the high school music appreciation class. Let the students know more about Chinese folk songs and fall in love with them.

● Research objectives

The objectives of research were:

- 1) To Study Chinese Folk Songs for Music Appreciation Subject in Grade 10 at Huidong senior High School, Guangdong, the People's Republic of China;
- 2) To create Chinese folk songs book; and
- 3) To verification Chinese folk songs book by 3 experts.

● Literature Review

1. Huidong Senior High School
2. Chinese Folk songs

3. Music Appreciation teaching
4. Folk songs book
5. Relevant papers

● **Research Methodology**

Qualitative Research

● **Research Findings**

Great Chinese Folk Songs book

Analysis of Chinese Folk Songs

Lesson 1 Definition of Chinese Folk Songs

Folk song refers to a musical art form that spreads among the people and expresses people's life, emotions, and thoughts in the form of singing. It is an important part of folk art and an important carrier of cultural inheritance. Folk song is different from classical music, pop music and other types of music, it has unique characteristics and charm.

First, folk songs have strong local characteristics. As folk songs are spread among the people, they often have strong local characteristics. Different regions and different nationalities have their own folk song forms and styles. For example, among the Yi, Miao, Zhuang and other ethnic groups in Southwest China, folk songs are often transmitted orally, with family life and pastoral scenery being the main contents of the songs. While in the Manchu, Korean and other ethnic groups in the northeast, folk songs are passionate and bold, with war, love, and heroic deeds as their main contents.

Secondly, folk songs have authenticity and folk characteristics. Folk songs are popular among the people, and their lyrics and tunes are mostly derived from the life experience and emotional experience of ordinary people. Therefore, folk songs are often authentic and folk, which reflect the life and emotional state of ordinary people, with a strong sense of reality and appeal. At the same time, folk songs are also a form of folk art. They do not rely on professional musical training and singing skills, but spread among the people through word of mouth, so they have strong folk characteristics.

In addition, folk songs are universal and inheritable. As a kind of music art form spread among the folk, folk songs are universal. Although folk songs of different regions and nationalities vary in form and style, they all reflect the commonality of people's lives, emotions, and thoughts. At the same time, folk songs are also an important carrier of cultural inheritance. They have been passed down from generation to generation and become an important part of folk culture.

Finally, folk songs have artistic and aesthetic value. As a musical art form, folk songs not only have authenticity and folk characteristics, but also artistic and aesthetic value. After years of evolution and inheritance, the lyrics and tunes of folk songs have become a unique musical art form. Their tunes are beautiful, and their lyrics are simple and simple, which can arouse empathy and emotional resonance among listeners. Therefore, folk songs are also a musical art form with unique charm.

Lesson 2 Historical Development of Chinese Folk Songs

Chinese folk songs are an important part of Chinese traditional culture, which has a long history and rich cultural deposits. The historical development of Chinese folk songs can be traced back to ancient times and has gone through many periods of evolution and development. In different historical periods, Chinese folk songs reflect different social and cultural backgrounds, with rich cultural connotations and forms of expression. With the change of times and the development of society, Chinese folk songs have been developing and innovating constantly, becoming an important part of the inheritance and innovation of Chinese culture.

In ancient times, folk songs existed as an art form to express people's life and emotions. In the Book of Songs, there are many songs that reflect people's lives and emotions, such as "Guan Ju" and "The Rushes". Most of these songs focused on love, rural life, and social life, with easy-to-understand lyrics and beautiful tunes and were deeply loved by the people.

In the Song and Yuan Dynasties, folk songs were more widely spread and developed. At that time, folk songs were mostly sung solo or in chorus, usually accompanied by some simple Musical Instruments, such as drum, bamboo flute, etc. The Yuefu Poetry Collection of the Song Dynasty and Yuefu Ci of the Yuan Dynasty included many folk songs, which not only reflected people's lives and emotions, but also the influence of social, political, and cultural changes.

In the Ming and Qing Dynasties, folk songs developed more richly. In the Ming Dynasty, folk songs were mainly palace songs, showing the life and emotions of aristocrats. While in the Qing Dynasty, they reflected the lives and emotions of ordinary people more. In the Qing Dynasty, folk songs mainly depict family life, idyllic scenery, and love, with simple and simple tunes and strong folk characteristics.

Since the 20th century, Chinese folk songs have been more widely spread and developed.

The development of Chinese folk songs can be divided into two stages: (1) the period of the New literary movement and (2) the period since the reform and opening. In the period of the New Art Movement, Chinese folk songs were more widely publicized and promoted, and many excellent folk songs were published, such as “Only Mother in the World is Good” and “Aobao Meet”, which reflected the life and emotions of the people and had distinct characteristics of the times. Since the reform and opening, Chinese folk songs have been more widely developed, in various forms and types. There are not only traditional folk songs, but also some emerging folk songs, such as rock folk songs and folk songs.

In recent years, the Chinese government has also strengthened its support and promotion of folk song art, and introduced a series of cultural policies and measures, such as setting up folk song majors, holding folk song competitions and promoting folk song works, which have strongly promoted the development and inheritance of Chinese folk songs.

Lesson 3 The Value of Chinese Folk Songs

Chinese folk songs have rich cultural connotation and value, including cultural inheritance, emotional resonance, historical and cultural significance, and artistic aesthetic value. Chinese folk songs are not only an important part of the inheritance and development of Chinese culture, but also an important carrier of Chinese culture to the world.

1. Chinese folk songs have the value of cultural inheritance.

Chinese folk songs are an important part of Chinese traditional culture. They record the life, emotion and thought of the Chinese people. They have a strong cultural heritage. As an oral art form, Chinese folk songs have been passed down from generation to generation and become an important part of folk culture. Through singing and interpretation, Chinese folk songs have been passed down and developed, becoming an important carrier and representative of Chinese cultural inheritance.

2. Chinese folk songs have the value of emotional resonance.

As an art form to express people's emotions, Chinese folk songs have a strong value of emotional resonance. The lyrics and tunes of Chinese folk songs are often simple, true and touching, which can arouse the resonance and emotional resonance of the audience. Chinese folk songs reflect the commonness of people's lives, emotions, and thoughts, with universality and profoundness, they can touch the softest part of people's hearts and trigger common emotional resonance.

3. Chinese folk songs have the value of historical and cultural significance.

As an important part of traditional Chinese culture, Chinese folk songs reflect the change and evolution of Chinese culture and history. Chinese folk songs contain rich historical and cultural elements, such as ancient marriage customs, sacrifices, wars, etc., which reflect the diversity and transformative nature of Chinese culture and history. At the same time, Chinese folk songs are also important carriers of Chinese culture. They convey the unique charm and connotation of Chinese culture through the form of music art.

4. Chinese folk songs have artistic aesthetic value

As a kind of music art form, Chinese folk songs have unique artistic aesthetic value. The melody of Chinese folk songs is beautiful, and the lyrics are simple and simple, which can arouse people's aesthetic feelings and resonance. The artistic value of Chinese folk songs has also been recognized and praised both at home and abroad, and many Chinese folk songs have been translated into many languages and widely spread and appreciated internationally.

● **Verified by 3 experts.**

The expert evaluation questionnaire was designed, which included 8 scoring questions from four aspects: richness of musical elements, richness of cultural connotation, educational significance, and value. The scoring level was -1, 0 and 1. Three experts were consulted for scoring and evaluation, and SPSS 23.0 software was used for statistics, processing, conclusion, and analysis of expert opinions.

The questions raised by the questionnaire were validated. The average value of expert evaluation is 0.875, which is greater than 0.8, indicating a high score.

Combined with 3 experts on “Chinese folk song appreciation” textbook review, qualitative analysis, expert Zhong Jing evaluation said that “Chinese folk song appreciation” is a very valuable folk song research work, for high school folk song appreciation course teaching content has great richness and inspiration”, affirmed the value of *who said this direct quote? “Chinese folk song appreciation”. “The book in the history of Chinese folk songs, culture and connotation of the introduction, not only from the perspective of the traditional discipline analysis, but also combined with the modern discipline of the point of view and method, so that the research is more comprehensive and in-depth” and “the book also analyzes different types of folk songs, such as mountain folk songs, rural folk songs, workers folk songs, love folk songs, covering a rich variety of folk song types and themes, It can help high school students to understand and experience the cultural connotation of folk songs in a more comprehensive way “affirms the cultural connotation of” Chinese Folk songs Appreciation”. “This book also quotes a large number of lyrics and music excerpts, so that high school students can listen to the songs, read the words, more deeply feel the unique charm of folk songs”, Zhao expert believes that “Chinese folk song appreciation” can let high school students more deeply feel the charm of folk songs. “In general, the book for high school folk song appreciation course material rich contribution is self-evident. It is a classic book worth

reading, both for professionals and ordinary readers.””, “is a classic work worth reading”, affirming the usability of Chinese Folk Song Appreciation.

Xu Feng expert evaluation said that “this book is a folk song appreciation textbook for high school students, rich in content, simple and easy to understand, is a good folk song appreciation textbook”, affirmed the value of “Chinese folk song appreciation textbook” for high school students. “1. The content of this book is very rich. *There are unnecessary quotation marks. It covers the history of Chinese folk songs, types, forms of expression and other aspects of the content, but also provides many folk songs examples for readers to appreciate and learn”, expert Wang affirmed the “Chinese folk Song Appreciation” musical elements and cultural connotation of the richness. “2. The language of this book is clear and concise, with reasonable structure and natural and smooth style. The author uses easy to understand language”, Wang expert believes that “Chinese folk Song appreciation” can make readers more easily understand and grasp the skills and methods of folk song appreciation. Expert Wang said, “3. The book also pays attention to the readers’ practical ability and skills. The author provides a large number of music scores in the book, so that readers can consolidate their knowledge and skills by practicing singing.” “It is a good folk song appreciation and analysis textbook. Strongly recommend reading”, affirming the usability of “Appreciation of Chinese Folk Songs”.

Liao ZhiTao expert evaluation said that “Chinese folk Song Appreciation” is an excellent folk song works, this book mainly

introduces the history of Chinese folk songs, development, and other aspects of the content, covers the folk song resources across China”, affirmed the “Chinese folk song appreciation” musical elements and cultural connotation of the richness. “The research methods of this book are more rigorous, combining musicological theories and methods. The book also combines theories and methods from multiple disciplines to provide readers with a comprehensive research method to help them better understand and analyze Chinese folk songs. The language of the book is smooth, and the text is clear and concise, which makes it easy for readers to understand and accept.” Expert Liu believes that Appreciation of Chinese Folk Songs, with its smooth language and concise words, can help readers better understand and analyze Chinese folk songs. “It is a book worth reading for readers interested in folk songs, music students, culture lovers and so on”, affirming the usability of “Chinese Folk Song Appreciation”.

To sum up, the 3 experts all recognized “Chinese folk song appreciation”, affirmed that “Chinese folk song appreciation” is a very worthy of reading the book, “Chinese folk song appreciation” has usability, Suitable for high school music appreciation classes.

● Discussion

China is a country with profound cultural deposits, among which the music culture is extensive and profound. However, under the background of accelerated globalization and modernization, Chinese traditional music culture is gradually marginalized, especially young people’s understanding and cognition of traditional music is relatively low. In the face of this phenomenon, we need to take effective

measures to let more students and people understand and recognize Chinese traditional music culture.

In view of the insufficient introduction of Chinese folk songs in high school music appreciation textbooks, new textbooks can be written to deeply explore and introduce the connotation and characteristics of Chinese folk songs from musical elements, historical origins, cultural background, and other aspects. In addition to traditional paper textbooks, we can also combine modern technology to develop some music education online courses or music applications, so that students can better understand and learn folk songs.

At present, many students generally believe that the content of the current folk songs textbooks is too rigid, the number of music is insufficient, the music in the textbooks is not attractive to students and other problems. Therefore, we need to develop some interesting and interactive folk song teaching courses or activities to attract students' interest. For example, folk song singing competitions and folk song creation competitions can be set up so that students can better understand and learn folk songs in competition and interaction.

Folk songs are an important part of Chinese traditional music culture, which carries rich and profound cultural connotation and characteristics. Therefore, we need to guide students to understand the artistic charm and cultural value of folk songs through in-depth discussion and introduction of the cultural connotation and characteristics of folk songs. For example, through folk music concerts and folk culture exhibitions, students can better understand and experience the cultural connotation and characteristics of folk songs.

● Recommendation

In terms of education, the improvement measures proposed in this paper can provide teachers with some teaching ideas and methods to better guide students to understand Chinese folk songs. Education is an important part of social development, and music education is an indispensable aspect of education. However, under the background of accelerated modernization, music education is gradually replaced by commercial operation, and students' understanding, and cognition of traditional music culture is relatively low.

From the perspective of music, the study of this paper can provide some thinking and enlightenment for the music industry, to promote and inherit Chinese traditional music culture better. Chinese traditional music culture is extensive and profound, among which folk songs are an important part of Chinese traditional music culture. However, under the impact of current popular culture, Chinese traditional music culture is gradually marginalized, especially the young people's understanding and cognition of traditional music is relatively low.

The research of this paper has certain enlightenment significance for the education and music circles. From the perspective of education, we need to pay more attention to the connotation and effectiveness of music education. Through effective teaching means and methods, students can better understand and learn Chinese traditional music culture. At the same time, from the perspective of music, we need to better explore and inherit Chinese traditional music culture, so that more people understand and recognize the charm of Chinese traditional music culture.

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